



SPA CENTRE TEPLICE

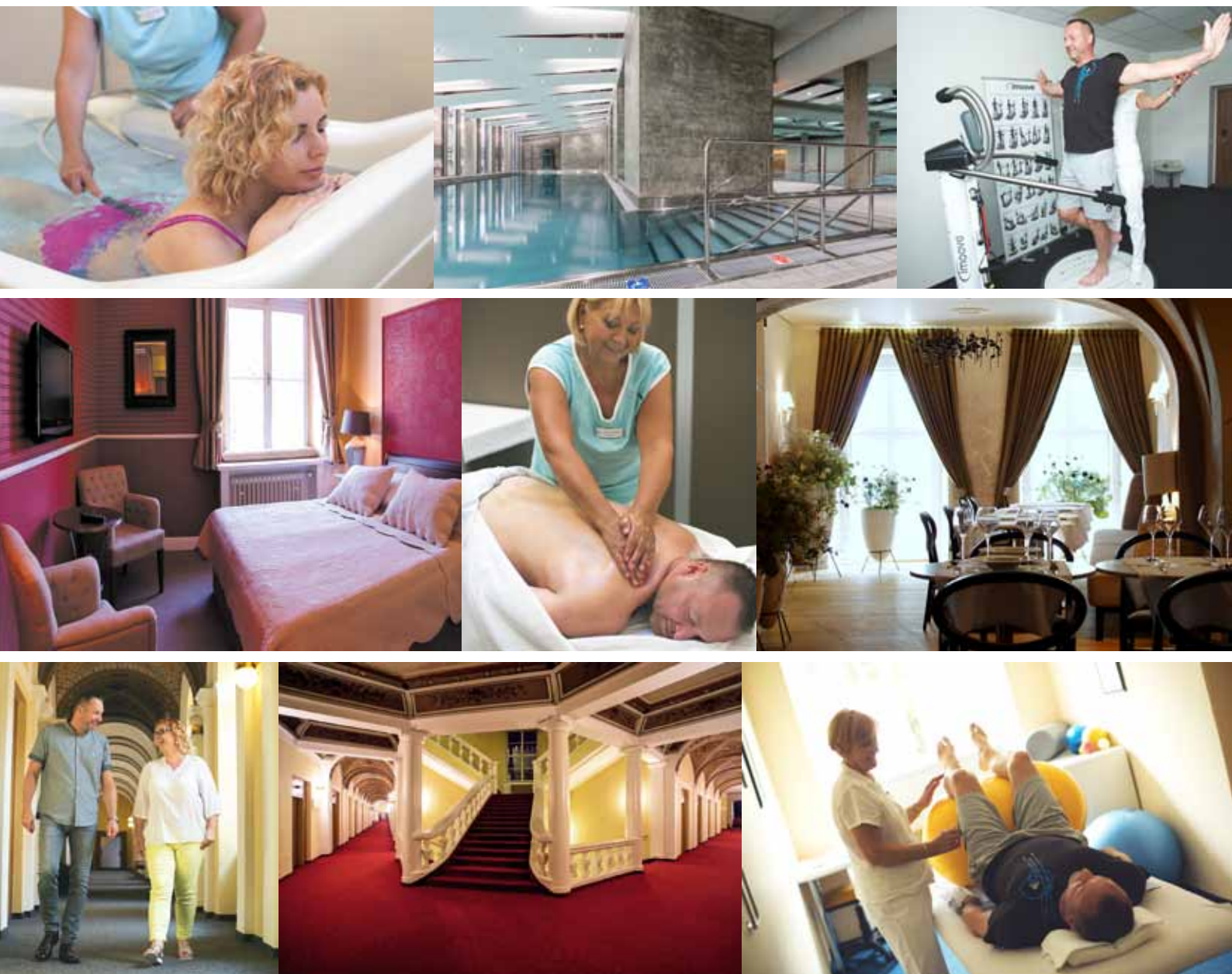
THE TEPLICE THERMAL MINERAL
WATER FINDS NO COMPARISON
IN THE WORLD.



BACK, MUSCLES, JOINTS | HISTORIC SPA BUILDINGS | ALL UNDER ONE ROOF

THE OLDEST SPA IN CENTRAL EUROPE WITH 2000-YEAR BALNEOLOGICAL HISTORY

In 18th and 19th century Teplice was regarded as „Little Paris“ and visited by emperors, artists, scientists, and other celebrities such as Beethoven, Wagner, Petr I. The Great, etc. Our spa buildings are of historical importance, some of them dates to the 16th century, surrounded by parks, fountains, cafes, and other places of interest. All services are under one roof – accommodation, procedures, catering. Nicely decorated, preserved houses provide single, double, comfort rooms and suites. Modern medical equipment as well as 24/7 nurse service and indoor pools full of thermal mineral water are available.



SPA HOUSE
NEITHER HOTEL NOR HOSPITAL

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SPA TREATMENT IN THE MEDICAL SPA CENTRE TEPLICE

Treatment is based on the natural source of unique thermal mineral water (medium-mineralized /1,064mg/l/ hydrogen carbon sodium type with higher volume of fluorine, radon and rare metals, temperature 41°C) **and skillful team of physicians and medical professionals.**

Treatment of adults as well as children is tailored by a physician for each client upon their current health condition at medical check-up. Medical reports sent in advance help to avoid contraindications. The minimum stay length to get medical results is two weeks, recommended length is 3 – 4 weeks, by children even 6 - 8 weeks. Such a complex treatment can enable a quicker recovery to active life. Number of procedures a day varies depending on a selected package.

TREATMENT STAYS FOR ADULTS

We offer intense targeted programs mainly following hip or knee joint replacement helping to recuperate after surgery, help with pain management, educate patients about lifestyle (daily exercise, healthy diet, etc.).

:: Methods

Manual massage, Reflex massage, Positioning – traction, Mechanical therapy, Physiotherapy – individual or group exercise, Soft techniques, Lymph drainage machine, Underwater massage, Thermal bath, Pearl-bubble bath, Whirlpool bath, Hot and cold jet spray massage, Swimming pool – gymnastics, Carbon dioxide bath, Drinking cure „Bílinská kyselka“, Electrotherapy, Magnet therapy, Laser, Gas injections, Oxygen therapy, Inhalation, Thermotherapy, Paraffin, Salt cave, Ergotherapy, Cryotherapy.

:: Results

Blood circulation improvement, Immune system activation, Pain and inflammation relief, soft tissue release, muscle tension reduction or range of joint motion improvement.

TREATMENT STAYS FOR CHILDREN

Children from 6 months to 18 years of age are targeted on musculoskeletal and nervous system disorders particularly related to cerebral palsy, scoliosis, juvenile chronic arthritis and osteochondrosis.

:: Methods

Manual massage, Reflex massage, Positioning – traction, Mechanical therapy, Physiotherapy – individual exercise, Soft techniques, Underwater massage, Thermal bath, Pearl-bubble bath, Whirlpool bath, Swimming pool – gymnastics, Ergotherapy, Electrotherapy, Magnet therapy, Laser, Gas injections, Inhalation, Thermotherapy, Paraffin, Magic box, Snoeroom, Sensorimotor integration; extra fee for Speech therapy, Hippotherapy, Cosmic Suit Therapy. There is also the unique possibility to get special therapy to improve walking skills - Robotic Rehabilitation - LOKOMAT

:: Results

Pain relief, influencing the global motion pattern of a child, sensorimotor development, minimizing disability and involvement in everyday life.

INDICATIONS

MUSCULOSKELETAL SYSTEM DISEASES

Degenerative and inflammatory diseases of musculoskeletal system (rheumatic arthritis, Bechterew's disease, arthroses), vertebragenic syndromes, spinal discs diseases, osteoporosis, algic syndromes of tendons, muscles and muscular ligaments, conditions after injuries and surgeries of spine and joints, congenital orthopaedic disorders, scoliosis.

VASCULAR DISEASES

Peripheral vascular diseases, conditions after phlebitis and thrombosis, chronic lymphoedemas, conditions after vascular surgeries, vascular diabetes-related disorders, occupational vasoneurosis.

NERVOUS SYSTEM DISEASES

Conditions after a stroke – hemiparesis, multiple sclerosis, conditions after congenital cerebral palsy, conditions after infantile paralysis (polio), musculoskeletal disorders after encephalitis and myelitis, after brain surgeries or traumas, neuromuscular diseases, Parkinson's disease, diabetic polyneuropathy – nerve damage caused by diabetes.

CONTRAINDICATIONS

Severe infectious diseases, diseases in the acute phase, clinical symptoms of circulatory failure, malignant arrhythmia, conditions after profound venous thrombosis and thromboflebitis, inflammatory venous disease (spa therapy at least 3 months after vanishing symptoms), unstable or decompensated diabetes mellitus, recurrent profuse bleeding, cachexia, malignant tumours, untreated epilepsy, psychoses and mental disorders, substance addiction, patients' inability to care for themselves, incontinency, pregnancy, non-healing skin lesions, hypertension with diastolic pressure over 16 kPa (±120 mm Hg).

SPA HOUSES FOR ADULTS

BEETHOVEN SPA ***



IMPERIAL SPA ***



SPA HOUSES FOR CHILDREN

STONE SPA ***



NEW SPA ***



TOWN OF TEPLICE



Teplice is definitely worth exploring in all aspects, starting from the Empire style architecture, through the historically preserved Zámecké náměstí (Chateau Square), up to the large Zámecká zahrada (Chateau Garden). www.muzeum-teplice.cz



People who like admiring the nature can enjoy a tour into the Botanic Garden Teplice. www.botanickateplice.cz



The views from Doubravka (extinct volcano) around the surroundings are breathtaking. Remains of a medieval castle can be seen at the top.



You can enjoy also the theatre (Krušnohorské divadlo) or visit the culture centre (Dům kultury) next door. www.dkteplice.cz



The tourist train „Humboldt“ goes through the historic centre from May to October. <https://visitteplice.com>

NICE PLACE TO VISIT



THERMALIUM - DON'T SWIM, RELAX. Unique complex of purely thermal mineral pools and saunas.



Café Restaurant Beethoven. Original spa beer, popular Spa coffee and splendid cuisine. www.beethovencafe.cz



Regular concerts of the North Czech Philharmonic Orchestra take place in Culture House (see the program on www.severoceska-filharmonie.cz).



Lovers of the most popular world sport appreciate Teplice football matches. www.fkteplice.cz



„Monopol“ brewery, in the former variety „ZUM SCHWAN“ from 1850. www.pivovarmonopol.cz

TIPS FOR TRIPS

National park Bohemian-Saxon Switzerland



Boat ride through the gorges in Hřensko. 50 km from Teplice.



Prague - the capital and the most visited place in the Czech Republic. 90 km from Teplice.



Dresden - „Pearl on the Elbe“, capital of Saxony. 80 km from Teplice.



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